

LEADERSHIP ON DEAMND

THOUGHT QUESTIONS

THE POWER OF 1,440

BY: BRYCE FISHER, 2022-2023 STATE FIRST VICE PRESIDENT

1) WRITE DOWN A LIST OF THE LITTLE THINGS IN LIFE THAT YOU ARE GRATEFUL FOR.

2) WHEN DAD DAYS HAPPEN, WHAT IS ONE PRACTICE YOU CAN DO TO HELP REFRAME YOUR MIND, AND START FRESH?

3) WHAT DOES A LIFE WORTHWHILE LOOK LIKE TO YOU?