ENGLISH TRANSLATION

## **EMBRACE YOURSELF, CELEBRATE EACH OTHER**

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WHAT'S YOUR FAVORITE FAMILY TRADITION? FOR SOME, IT MAY BE BAKING A PIE FROM A FAMILY RECIPE, BUT FOR ME, IT'S MAKING TAMALES WITH MY ENTIRE FAMILY DURING THE HOLIDAY SEASON. JUST LIKE OUR FAMILY TRADITIONS ARE SPECIAL IN THEIR OWN WAY, EACH OF US ARE, TOO, AND THAT'S SOMETHING TO CELEBRATE!

[INTRO GRAPHIC AND AUDIO]

WE ALL HAVE UNIQUE TRAITS THAT MAKE US WHO WE ARE - THAT MAKE US DIFFERENT. LET'S CHOOSE TO RECOGNIZE THOSE DIFFERENCES SO THAT WE CAN EMBRACE OUR TRUE SELVES AND ULTIMATELY, CELEBRATE OTHERS.

WE ARE ALL WONDERFULLY MADE TO FULFILL A DIFFERENT PURPOSE. WE AS HUMANS AND LEADERS ARE OBLIGATED TO RECOGNIZE THE VERY TRAITS THAT MAKE US WHO WE ARE. THESE CAN BE SKILL SETS, PERSONAL EXPERIENCES, PERCEPTIONS, IDEAS, UPBRINGINGS AND BACKGROUNDS. ONCE WE RECOGNIZE THESE DIFFERENCES, WE SHOULD REALIZE THAT THEY ARE NOT MEANT TO SEPARATE US, BUT INSTEAD, ARE MEANT TO BE EMBRACED. AND IT BEGINS WITH EMBRACING OURSELVES.

AMERICAN AUTHOR, JODI AMAN, SHARES THAT IN ORDER TO TRULY EMBRACE OURSELVES WE HAVE TO "STOP JUDGING OURSELVES NEGATIVELY," SOMETHING THAT WE OFTEN DO TOO MUCH. TO OVERCOME THIS TRAP, WE MUST KNOW OURSELVES. WE ARE NOT PERFECT. WE HAVE FLAWS. WE STUMBLE. BUT SO DOES EVERYONE ELSE. AND EACH OF US HAVE STRENGTHS THAT ALLOW US TO BE THE BEST VERSION OF OURSELVES. ONCE WE EMBRACE WHO WE TRULY ARE, WE CAN ENCOURAGE THOSE AROUND US TO DO THE SAME.

FINALLY, LEADERS CELEBRATE OTHERS. WE DO THIS BY LEAVING JUDGMENT AND CRITICISM AT THE DOOR AND RECOGNIZING THAT WE HAVE NO IDEA WHAT OTHERS MAY BE STRUGGLING WITH, LET ALONE HOW THIS MAY BE AFFECTING THEM MENTALLY OR EMOTIONALLY. LEADERS IDENTIFY THE VERY TRAITS, QUALITIES, AND EXPERIENCES IN EACH PERSON AND ACTIVELY CHOOSE TO CELEBRATE THE VALUE IN THOSE DIFFERENCES.

WE ALL BRING SOMETHING EXTREMELY DIFFERENT TO THE TABLE, AND DIFFERENT IS GOOD. THE WORLD NEEDS LESS SIMILARITY AND MORE DIFFERENTIALITY. TOGETHER, LET'S EMBRACE OURSELVES AND CELEBRATE EACH OTHER.

