GUIDED VIDEO NOTES

Directions: Follow along the keynote address to answer the following questions.

- 1. When was the last time Mike Rowe spoke to FFA?
- 2. Where did Mike Rowe get started and how did he get to where he is today?
- 3. How many jobs has Mike Rowe worked?
- 4. What are his views on American Agriculture?
- 5. What are ways that the future leaders of agriculture can do to combat the myths of agriculture?
- 6. What was Mike Rowe's advice for deciding on what to do after graduation?
- 7. How many open jobs does the United States have open?
- 8. What was unique about his approach to education after high school?
- 9. Who were Mike Rowe's mentors?
- 10. What is Mike Rowe's S.W.E.A.T. Pledge?





VIDEO OPEN RESPONSE QUESTIONS

Directions: Answer the following questions following the keynote address. Answers are open ended and should be answered in complete sentences.

- 1. List 3 takeaways you took from the video
- 2. In your opinion, what do we need to do to fix the declining sense of work ethic in America?
- 3. Make a connection between the information in the video and one of the following:
 - a) Your own life (yourself, friends, family).
 - b) Beliefs or ideas about the subject that the video reinforced.
 - c) Changes you may make as a result of seeing the video.
 - d) Relationship to agriculture.

VIDEO FOLLOW UP ACTIVITY

Directions: Let's break down Mike Rowe's S.W.E.A.T. Pledge. Follow the link to Mike Rowe's Works Foundations website and view the video on each "Pledge". (Teachers can do this as a class or independently).

Website: https://www.mikeroweworks.org/sweat/

MIKE ROWE'S S.W.E.A.T PLEDGE BREAK DOWN

	Description	Summarize what this pledge means	Why is this important?
Pledge 1			
Pledge 2			
Pledge 3			
Pledge 4			
Pledge 5			
Pledge 6			
Pledge 7			

Pledge 8		
Pledge 9		
Pledge 10		
Pledge 11		
Pledge 12		

VIDEO FOLLOW UP ACTIVITY

Directions: Learning from the S.W.E.A.T. Pledge and use as an example, use the following space to create your own Life Pledge. Requirements: a pledge title, minimum 6 statements, positively and appropriately worded.